



Sustainable Development Goals



Good Health and Well-Being

3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

College of Arts

As part of its community engagement efforts and commitment to supporting students during important academic stages, students of the Clinical Psychology Department at Alnoor University organized a visit to the examination centers for sixth preparatory students in Mosul during the ministerial examinations. The initiative aimed to provide psychological and moral support by encouraging students, boosting their confidence, and creating a sense of reassurance. Flowers and motivational messages were distributed to help ease exam-related stress and foster a positive atmosphere within the examination centers. This initiative reflects the importance of psychological support in enhancing students' concentration and confidence, while also promoting the values of volunteerism and social responsibility among university students. The initiative received positive feedback from both students and examination center administrations, highlighting the significance of addressing the psychological and humanitarian aspects that contribute to supporting students during this crucial stage of their academic journey.

