



Sustainable Development Goals



Good Health and Well-Being

3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

College of Health and Medical Technologies

The Student Activities Department at Alnoor University, through the Sports Activities Unit at the College of Health and Medical Technologies, in cooperation with the Department of Physical Education and Sports Sciences at the College of Education, organized a friendly match between the Radiology Techniques and Anesthesia Techniques departments. The match ended with the Anesthesia Techniques team winning in a penalty shootout. The game was supervised by Ihab Yousif Amin and was marked by an atmosphere of enthusiasm and high sportsmanship between both teams. This event comes within the university's efforts to enhance student activities and encourage students to participate in initiatives that promote teamwork and cooperation.

