



Sustainable Development Goals



Good Health and Well-Being

3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

College of Pharmacy

The College of Pharmacy at Alnoor University organized a specialized training workshop on occupational safety within chemistry laboratories, targeting first-year students with the aim of enhancing awareness of safety procedures and instilling proper laboratory conduct from the early stages of their academic journey. The workshop was supervised by Professor Shaker Mahmoud Saeed and delivered by Assistant Lecturers Taif Anmar and Omar Mohammed. It included both theoretical and practical components addressing the fundamentals of safe handling of chemical substances, mechanisms for preventing potential laboratory hazards, as well as guidance on the proper use of personal protective equipment and emergency procedures. This workshop forms part of the college's ongoing efforts to prepare students with solid scientific knowledge combined with a strong sense of professional responsibility, in alignment with the requirements of the pharmaceutical work environment and in support of quality and safety standards in laboratory training.

