



# Sustainable Development Goals



## Good Health and Well-Being

### 3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

### College of Pharmacy

As part of the distinguished scientific presence of Alnoor University faculty members in academic activities, including postgraduate thesis defense committees, Assistant Professor Dr. Omar Qutaiba Badr Al-Deen Al-Layla, Dean of the College of Pharmacy at Alnoor University, chaired the Master's thesis defense committee of student Iman Ahmed Ali Shingaly at the College of Pharmacy, University of Mosul. The thesis was entitled *“From Surviving to Thriving: Understanding Work Ability, Depression, and Coping Strategies among Breast Cancer Survivors.”*

