



Sustainable Development Goals



Good Health and Well-Being

3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

College of Health and Medical Technologies

Alnoor University, in the presence of its President Prof. Dr. Yaseen Taha Al-Hajjar, held the First Optometry Scientific Conference organized by the Department of Optometry Technologies at the College of Health and Medical Technologies in cooperation with the Iraqi Association of Optometry Technicians and Examiners, with wide academic and professional participation. The event opened with speeches by Prof. Dr. Yaseen Taha Al-Hajjar, Prof. Dr. Yassar Yahya Al-Tammar, and Mr. Jarallah Mohsen Nada, followed by a detailed presentation of the conference agenda by Mr. Saif Al-Din Ali Al-Mashhadani and a ceremony for awarding certificates and appreciation shields. The keynote session, chaired by Dr. Shahir Khalaf with Mr. Muhannad Mohammed Bashir as rapporteur, included three scientific papers, and was followed by research sessions featuring twelve additional papers that showcased the latest developments in optometry technologies and vision examination. The conference reflects Alnoor University's commitment to enhancing academic and professional collaboration and supporting scientific research in health and medical fields.

