



# Sustainable Development Goals



## Good Health and Well-Being

### 3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

### College of Health and Medical Technologies

Dr. Hanaa Ihsan Al-Baroudi, Head of the Department of Radiology Techniques at the College of Health and Medical Technologies, Alnoor University, participated in the First International Conference on Laser Applications in Medicine and Surgery, organized by the Iraqi Association of Laser Scientists in collaboration with Cordoba University College. She presented a research paper titled *“Structure Tooth Reaction to Heat of the Diode Laser Beam During Teeth Whitening,”* in which she discussed the effect of diode laser beam heat on the tooth structure during whitening procedures. Dr. Al-Baroudi emphasized the importance of modern technologies in achieving a balance between therapeutic efficiency and the safety of dental tissues.

