



# Sustainable Development Goals



## Good Health and Well-Being

### 3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.



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## Good Health and Well-Being

### College of Dentistry

The College of Dentistry at Alnoor University organized a combined scientific lecture and workshop titled "Application of the Rubber Dam and Field Isolation in Dentistry." The session was presented and moderated by Assistant Professor Dr. Nawfal Abdul Malik Abdul Fattah, a faculty member at the college. During the event, the theoretical aspects and practical applications of using the rubber dam in dental procedures were discussed, highlighting its importance in achieving a safe and precise clinical environment. This activity is part of a series of scientific initiatives that the college is committed to organizing, aiming to enhance the skills of its students and equip them with the latest knowledge in the field of dentistry.

