



Sustainable Development Goals



Good Health and Well-Being

3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.



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In line with the directives of the Ministry of Higher Education and Scientific Research, and out of its commitment to ensuring a safe environment for its academic, administrative, and student community, Alnoor University conducted a field exercise in cooperation with the Civil Defense Directorate to practice responding to emergency situations. The drill included a full evacuation through emergency exits, guiding everyone to safe zones, as well as a simulated intervention by the Civil Defense team to extinguish virtual fire sources and evacuate hypothetical casualties as part of the training scenario. This exercise reflects the high level of preparedness of the university's self-protection teams and the swift response of Civil Defense personnel, thereby enhancing safety and preventive measures across the university campus.

