



# Sustainable Development Goals



## Good Health and Well-Being

### 3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

## Good Health and Well-Being

As part of the “Our Summer is Giving” initiative organized by Alnoor University, the *Shua’a Alnoor* volunteer team continues its community service activities. On Wednesday, the team was present in the district of Wanah to provide a variety of free medical and awareness services to the local residents. The free services included: hemoglobin level testing, blood sugar measurement, blood pressure monitoring, eye examinations, dental checkups, as well as medical and legal consultations. The building of the Wanah District Council Primary School was chosen as the central location for offering these services, in an effort to promote a culture of teamwork and volunteerism, and to strengthen bridges of cooperation between educational institutions and the local community. The initiative was attended by Professor Dr. Muneer Al-Badrani, Scientific Advisor to Alnoor University, who praised the team’s efforts and the university’s role in serving the community.

