



Sustainable Development Goals



Good Health and Well-Being

3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

Good Health and Well-Being

Iraqi academic institutions are keen to involve the academic community of Alnoor University in major scientific committees. In this context, Professor Dr. Yaseen Taha Al-Hajjar, President of Alnoor University, chaired the defense committee of the student Ahmed Yaqzan Saleh for his dissertation submitted to the Department of Physical Education and Sports Sciences at the College of Basic Education, University of Mosul, entitled: “A Field Study to Calculate the Energy Expended Over Various Running Distances Based on a Number of Physiological Indicators,” under the supervision of Professor Dr. Mohammed Tawfiq Hussein Al-Agha.

