



# Sustainable Development Goals



## Good Health and Well-Being

### 3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

## Good Health and Well-Being

In the presence of Assistant Professor Dr. Nabeel Ahmed Jargis, Assistant President of Alnoor University for Administrative Affairs, the Chemical, Biological, and Radiological Safety Division at Alnoor University, in cooperation with the Laboratory Quality Division, held a guidance workshop under the supervision of Professor Dr. Shakir Mahmoud Saeed, Assistant Dean of the College of Pharmacy for Scientific Affairs. The workshop covered two key topics: “Safety in Chemical and Medical Laboratories” and “Dual Use of Chemical and Biological Materials.” Lectures were delivered by Professor Dr. Shakir Mahmoud, Assistant Lecturer Omar Mohammed Hameed, Omar Taha Ismail, Reem Mohammed Abdullah, and Ihab Youssef Ameen. Also in attendance were Professor Dr. Yassar Yahya Al-Tamr, Dean of the College of Health and Medical Technologies at the university, along with a number of heads of scientific departments from the college.

