



# Sustainable Development Goals



## Good Health and Well-Being

### 3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

### College of Pharmacy

Dr. Iman Sami Yaseen Hussein, Assistant Professor at the College of Pharmacy, Alnoor University, participated as a member of the examination committee for the PhD student Rana Suhail Abdullah Hassan, who defended her dissertation submitted to the Department of Biology, College of Science, University of Mosul, under the title: "Induction of Experimental Fatty Liver in Laboratory Animals and the Potential for Its Treatment Using Certain Plant-Based Products." The study aimed to evaluate the effects of active compounds extracted from strawberries (polyphenols), almonds (Omega-3), and a combination of Omega-3 with Vitamin E on reducing or treating experimentally induced fatty liver in rabbits. The induction was carried out using Triton at a dose of 300 mg/kg of body weight.

