



# Sustainable Development Goals



## Good Health and Well-Being

### 3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

## Good Health and Well-Being

A ministerial committee visited Al-Noor University to assess the university's readiness in the field of civil defense. The committee was received by Professor Dr. Yaseen Taha Al-Hajjar, President of the University, in his official office, where discussions were held regarding the importance of protecting students, academic staff, and administrative personnel from unexpected incidents. Following the meeting, the committee conducted an inspection tour throughout the university to review the available equipment and preparedness measures in place for dealing with emergency situations.

