

Well-Being

3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.



Sustainable Development Goals

Good Health and Well-Being



Alnoor University concluded its active participation in the athletics championship held at the University of Baghdad, with the participation of more than 50 public and private universities and colleges from across the country. This participation reaffirmed the university's commitment to supporting university sports activities and strengthening its presence in national events that contribute to developing students' skills, fostering a spirit of fair competition, and promoting teamwork. The university team competed in various events throughout the championship, during which the students demonstrated an outstanding level of fitness and discipline—reflecting the university's continuous efforts to support extracurricular activities alongside academic excellence.

