



# Sustainable Development Goals



## Good Health and Well-Being

### 3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

### College of Health and Medical Technologies

The Continuous Education Division held a course titled "General Health Effects of Certain Parasitic Diseases, Blood Changes, and Their Impact on the Physiological Performance of Living Organisms." The course was organized by the Continuous Education Unit at the College of Health and Medical Technologies / Department of Optics Technologies, in collaboration with the Women's Affairs Division, and will last for two days. The lectures are delivered by: Dr. Walaa Abdulwahid Abdulaziz, Lecturer, Alnoor University · Dr. Sajida Sharif Hussein, Assistant Professor, Alnoor University · Dr. Mona Taher Mohammed, Assistant Professor, Alnoor University · Mr. Mohammed Issa Suleiman, Lecturer, Alnoor University · Mr. Bashar Rasem Kareem, Assistant Lecturer, University of Mosul · Ms. Zeina Dabyan Mohammed Zaki, Assistant Lecturer, University of Mosul.

