



Sustainable Development Goals



Good Health and Well-Being

3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

College of Education

In the presence of Professor Dr. Yassin Taha Al-Hajjar, President of Alnoor University, the Department of Physical Education and Sports Sciences at the College of Education organized a seminar on "*Skin and Soft Tissue Injuries.*" The seminar was supervised and delivered by faculty member Fares Fadel Hussein, an assistant lecturer in the same department.

