



Sustainable Development Goals



Good Health and Well-Being

3 GOOD HEALTH AND WELL-BEING



Good health comes with proper nutrition. Without regular and nutritious food, people cannot live, learn, fend off diseases, or lead productive lives. Key goals in this area include: reducing mental health mortality rates; ending neonatal and childhood deaths; combating infectious diseases; preventing and treating drug addiction; and achieving universal health coverage for families.

College of Health and Medical Technologies

The Department of Medical Laboratory Techniques at the College of Health and Medical Technologies organized a workshop on dermatophytes and their impact on humans. The workshop was supervised and delivered by Dr. Nazem Alawi Al-Shahri, a faculty member in the department. During the lecture, he discussed these organisms, their infections, and the symptoms of exposure. He concluded that these fungi affect society by increasing the burden on healthcare systems and causing embarrassment and social isolation for patients. This highlights the importance of prevention and early treatment to maintain the health of individuals and the community.

